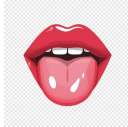


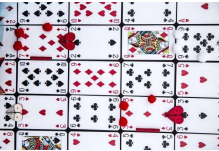
## October 2026

| SUNDAY                                                                                                                                                                                                               | MONDAY                                                                                                                                                                                                                                                                                                                                     | TUESDAY                                                                                                                                                                                                                                                                       | WEDNESDAY                                                                                                                                                                                                                                                              | THURSDAY                                                                                                                                                                                                                                                                                                                                                       | FRIDAY                                                                                                                                                                                                                                                                                                       | SATURDAY                                                                                                                                                                                                                                                                    |
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| <p><b><u>Recreation Staff</u></b></p> <p>&gt;Scott Emmons<br/>Director</p> <p>&gt;Ally Lauf<br/>&gt;Natalie<br/>Morgansen<br/>&gt;Natalie (Nat)<br/>Moschetti</p> <p>Questions?<br/>Call us!</p> <p>860-627-4035</p> | <p><b>October 2026</b></p> <p><b>The Suffield House and Eagle Pointe</b></p> <p><b>Therapeutic Recreation Calendar</b></p> <p>Find us on the web!<br/><a href="http://suffieldrehab.com">suffieldrehab.com</a></p> <p>Find our calendar on our website<br/>Look under Amenities!<br/>There are videos and photos on the site as well!!</p> | <p>Hairdresser open Tuesday, Wednesday, Thursdays!</p> <p>&gt;Denise Cormier<br/>&gt;Holly McSweegan</p> <p>Stop by the salon and fill-out an envelope to make an appointment!</p> <p>We are still looking for a licensed Manicurist. If you know of anyone, let us know!</p> | <p>If you are interested in voting in the upcoming election in November, Please see Scott to register to vote... NOW! Don't wait to change your address to The Suffield House</p>  | <p>1) Ally off<br/>Daily chronicles</p> <p>10:30 Autumn Room Visits w/ Nat</p> <p>10:30 Coffee and calendar creation at the cafe</p> <p>10:45 Sit and Be Fit &amp; This day in History!<br/>w/Natalie B Dining</p> <p>2:00 Comedy Hour!<br/>w/Nat A Dining</p> <p>2:00 'Princess Diaries' movie!<br/>Rec Room<br/>Celebrating Julie Andrews 91st birthday!</p> | <p>2) Ally / Nat off<br/>Daily chronicles</p> <p>9:00 Reiki with courtney Room to room</p> <p>10:30 You be the Judge!<br/>w/ Natalie B Dining</p> <p>10:30 October Coffee visits Monthly Gazettes and Puzzles Room to room</p> <p>2:00 Manicures Rm to Rm w/Natalie</p> <p>2:00 Bingo Rec Room<br/>Scott</p> | <p>3) Natalie</p> <p>Daily chronicles</p> <p>10:30 Coffee Social/ This day in History Rec Room</p>  <p>2:00 Legends Live! The Rolling Stones! Rec Room</p> <p>3:15 Setback Rec room</p> |

| SUNDAY                                                                                                                                                                                                                                                                                              | MONDAY                                                                                                                                                                                                                                                                                                                                                                | TUESDAY                                                                                                                                                                                                                                                                                                                                           | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                         | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                 | FRIDAY                                                                                                                                                                                                                                                                                                                                 | SATURDAY                                                                                                                                                                  |
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| <p>4) Ally off&gt;<br/>Daily chronicles<br/>MacKenzie</p> <p>10:30<br/>Coffee Social<br/>Rec Room</p>  <p>2:00<br/>Button Pumpkin<br/>Craft<br/>In the Rec Room</p> <p>3:00 Setback<br/>A Wing Dining<br/>room</p> | <p>5) Ally off&gt;&gt;<br/>Daily chronicles</p> <p>10:30 Table<br/>Top bean<br/>bag toss.<br/>A Dining<br/>w/ Nat</p> <p>10:45 Rosary<br/>Rec room</p> <p>11:10<br/>This Day in<br/>History!<br/>Rec Room<br/>w/ Natalie</p>  <p><b>2:00 Hot Cat<br/>Jazz Trio</b><br/>Rec room</p> | <p>6) Ally off<br/>Daily chronicles</p> <p>10:30<br/>Decorating foam<br/>pumpkins.<br/>w/Nat<br/>A Dining</p> <p>10:30 You be<br/>The Judge!<br/>B Dining<br/>w/Natalie</p> <p>2:00 October<br/>fun facts!<br/>Natalie<br/>B-Dining</p> <p>2:00<br/>Reminiscing with<br/>50s &amp; 60s<br/>Music.<br/>Classic videos!<br/>w/Nat.<br/>Rec Room</p> | <p>7) Nat off<br/>Daily chronicles</p> <p>9:00 -11:00<br/>Reiki With<br/>Courtney<br/>Room to room</p> <p>10:30 Sit and<br/>be Fit!<br/>Rec Room<br/>w/Natalie</p> <p>11:00 Friendly's<br/>out trip<br/>See Scott</p> <p>2:00 Natalie<br/>Legends Live!<br/>Frank Sinatra!<br/>rec room</p> <p>2:30<br/>Manicures<br/>Rm to Rm<br/>Ally</p> <p>3:00 Setback<br/>A Wing dining</p> | <p>8) Scott off<br/>Daily chronicles</p> <p>10:00<br/>Coffee visits<br/>Rm to Rm<br/>Ally</p> <p>10:30 Who am<br/>I?<br/>w/ Nat<br/>B Atrium</p> <p>10:30 Finish<br/>the phrase!<br/>A Dining<br/>w/Natalie</p>  <p>2:00 Make your<br/>Own banana<br/>Split Sundae!<br/>Rec room<br/>Nat-Natalie</p> <p>2:00 Balloon<br/>toss Volley<br/>w/ Ally</p> | <p>9) Scott off<br/>Daily chronicles</p> <p>10:30 Make<br/>your own<br/>puzzle!<br/>A Dining<br/>w/ Nat</p> <p>10:30 Manicures<br/>w/ Natalie<br/>Room to Room</p> <p>10:30<br/>Apple/pumpkin<br/>Toss<br/>Rec Room<br/>w/Ally</p> <p>2:00 Bingo<br/>Rec room<br/>Nat/ Natile</p> <p>2:00<br/>Word puzzles<br/>Rm to Rm<br/>w/Ally</p> | <p>10) Ally<br/>Daily chronicles</p> <p>10:30<br/>Coffee social<br/>Rec Room</p> <p>2:00 Horse<br/>Racing<br/>Rec Room</p> <p>3:15 Setback<br/>A Wing<br/>Dining room</p> |

| SUNDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | MONDAY                                                                                                                                                                                                                                                                                                                                                                          | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                          | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                   | FRIDAY                                                                                                                                                                                                                                                                                                                                             | SATURDAY                                                                                                                                                                                                                                                                 |
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| <p>11) Scott<br/>Daily chronicles</p>  <p>9:00 Bailey visits<br/>and Daily<br/>chronicles<br/>Room to Room</p> <p>10:30<br/>Communion<br/>in the rec room<br/>10:30<br/>Oktoberfest<br/>trivia<br/>Rec Room</p> <p>10:45<br/>Communion<br/>room to room</p> <p><b>2:00 Resident<br/>Council<br/>meeting</b><br/>Rec room</p> <p>3:30 Private Birthday<br/>Party &gt;&gt;&gt;Ann Cooney<br/>90th Bday Rec Rm</p> | <p>12) Scott off<br/>Daily chronicles</p> <p>10:30<br/>Hangman<br/>B wing<br/>w/ Ally</p> <p>10:45 Rosary<br/>Rec Room<br/>Nat</p> <p>11:00 This Day<br/>in History!<br/>Rec room<br/>w/Natalie</p> <p>2:00 Outdoor<br/>walks /visits<br/>w/Nat</p> <p>2:00 Legends<br/>Live!<br/>Diana Ross!<br/>Rec Room<br/>w/Natalie</p> <p>2:00<br/>Balloon Toss<br/>A wing<br/>w/Ally</p> | <p>13) Ally off<br/>Daily chronicles</p> <p>10:30<br/>Decorating<br/>Canvas bags!<br/>A Dining<br/>Nat</p> <p>10:30<br/>Halloween:<br/>True<br/>or False!<br/>Rec Room<br/>w/Natalie</p>  <p>2:00 Cider<br/>Social<br/>Rec Room<br/>w/ Nat/ Natalie</p> <p>3:00 Setback<br/>Rec Room</p> <p><small>Scott in office</small></p> | <p>14)<br/>Daily Chronicles</p> <p><b>10:30 Suffield<br/>Garden Club</b><br/>Rec Room</p> <p>10:30 Nat.<br/>Halloween Word<br/>Searches<br/>w/Nat<br/>A Dining</p> <p>11:00<br/>Oktoberfest<br/>Trivia!<br/>B Dining Room</p>  <p>2:00 Let's<br/>celebrate<br/><b>OKTOBERFEST</b><br/>Jumbo pretzels<br/>and beer<br/>Room to room!<br/>"Prost!!"</p> | <p>15) Scott off /sun<br/>Daily chronicles</p> <p>10:30<br/>Coffee visits<br/>Rm to Rm<br/>w/ Ally</p> <p>10:30 Sit and<br/>be fit &amp;<br/>This Day<br/>in History!<br/>Rec Room<br/>w/Natalie</p> <p>10:30<br/>Halloween<br/>Coloring.<br/>A dining w/Nat</p> <p><b>2:00 Tibetan<br/>Singing<br/>Bowls and<br/>Sound Bath</b><br/>Rec room<br/>With Courtney<br/>Ally / Natalie</p> <p>2:00<br/>Marshmallow<br/>Madness Game!<br/>A Dining with Nat</p> | <p>16) Scott V /Nat off<br/>Daily chronicles</p>  <p>10:30 Salem,<br/>Massachusetts<br/>tour!<br/>Museums,<br/>History, Trivia!<br/>w/ Natalie</p> <p>10:30<br/>Baking Group<br/>Rec Room<br/>w/ Ally</p> <p>2:00 Bingo<br/>Rec Room<br/>w/Natalie and Ally</p> | <p>17) Scott V&gt;&gt;<br/>Ally<br/>Daily chronicles</p> <p>10:30<br/>Coffee social<br/>Rec Room</p>  <p>2:00<br/>Trivia on the TV<br/>in Rec Room</p> <p>3:15 Setback<br/>A Wing</p> |

| SUNDAY                                                                                                                                                                                                                                                              | MONDAY                                                                                                                                                                                                                                                                                                                                                                                   | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                    | FRIDAY                                                                                                                                                                                                                                                                                                                                     | SATURDAY                                                                                                                                                                                                                                                                                    |
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| <p>18) Scott V<br/>MacKenzie</p> <p>Daily chronicles</p> <p>10:30<br/>Coffee Social<br/>and Word<br/>Games<br/>Rec Room</p>  <p>2:00<br/>Fall Jeopardy<br/>In the<br/>Rec Room</p> | <p>19) Scott V&gt;&gt;&gt; Nat off</p> <p>Daily chronicles</p> <p>9:00 Reiki<br/>with Courtney<br/>Room to room</p> <p>10:45 Rosary<br/>Rec room<br/>w/Ally</p> <p>11:00 This Day<br/>in History!<br/>Rec Room<br/>w/Natalie</p> <p>2:00 Halloween-<br/>town movie!<br/>Starring<br/>Debbie Reynolds!<br/>Rec Room<br/>w/Natalie</p> <p>2:00<br/>Concentration<br/>B wing<br/>w/Ally</p> | <p>20) Scott V&gt;&gt;</p> <p>Daily chronicles</p> <p><b>10:30 Catholic<br/>Mass</b><br/>Rec Room<br/>Ally</p> <p>10:30 Autumn<br/>Social visits<br/>w/ Nat</p> <p>10:30 Halloween<br/>Jeopardy!<br/>B Dining Room<br/>w/Natalie</p>  <p><b>2:00 October<br/>Birthday Party</b><br/><i>Featuring<br/>Renee Coro</i><br/>Rec Room</p> | <p>21) Scott V&gt;&gt;</p> <p>Daily chronicles</p> <p>10:30 Word in<br/>a Word.<br/>B Atrium<br/>w/Nat</p> <p>10:30 All about<br/>Elvis!<br/>Rec Room<br/>w/Natalie</p> <p>10:30<br/>October Word<br/>puzzles<br/>Rm to Rm<br/>w/ Ally</p> <p>2:00 Left, Right<br/>Center<br/>Rec Room.<br/>w/Nat/ Natalie</p> <p>2:00 Halloween<br/>Coloring<br/>B Wing<br/>w/ Ally</p> | <p>22) Scott V&gt;&gt;</p> <p>Daily chronicles</p> <p>10:00<br/>Coffee visits<br/>Room to room<br/>w/Ally</p> <p>10:30<br/>Would You<br/>Rather?<br/>w/ Nat<br/>B Atrium</p> <p>10:30 All about<br/>Halloween!<br/>Rec Room<br/>w/Natalie</p>  <p>2:00 BOO!<br/>Balloon<br/>Volleyball !<br/>Nat/Natalie/Ally</p> <p>3:00 Setback<br/>A Wing dining</p> | <p>23) Scott V&gt;&gt;</p> <p>Daily chronicles</p> <p>10:30 Rebus<br/>Puzzles.<br/>A Dining<br/>w/ Nat</p> <p>10:30 Balloon<br/>Toss<br/>A Wing w/ Ally</p> <p>10:30 Mini<br/>Ghost Canvas<br/>Painting!<br/>Rec Room<br/>w/Natalie</p> <p>2:00 Bingo<br/>Rec room<br/>w/Nat/Ally</p> <p>2:00 Manicures<br/>Room to Room<br/>w/Natalie</p> | <p>24) Scott V&gt;&gt;<br/>Alex</p> <p>Daily chronicles</p> <p>10:30 Coffee<br/>Social<br/>with Alex<br/>Autumn and<br/>Halloween<br/>Chats<br/>Rec Room</p> <p>2:00 Shake<br/>Rattle and Roll<br/>or....</p> <p>2:00 Raptors<br/>of Prey<br/>Rec Room</p> <p>3:15 Setback<br/>Rec room</p> |

| SUNDAY                                                                                                                                                                                                                                                                                           | MONDAY                                                                                                                                                                                                                                                                                                                                                                                                               | TUESDAY                                                                                                                                                                                                                                                                                                                                                                                                                       | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | THURSDAY                                                                                                                                                                                                                                                                                                                                                                                                                                            | FRIDAY                                                                                                                                                                                                                                                                                                                                                                                                                                       | SATURDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                  |
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| 25) MacKenzie<br>Daily chronicles<br><br>10:30<br>Communion in<br>the rec room<br><br>10:30<br>Coffee Social<br>In the<br>Rec room<br>10:45<br>Communion<br>room to room<br><br><br>2:00<br>Pokeno<br>Rec Room | 26) Scott V Nat off<br><br>Daily chronicles<br><br>10:45 Rosary<br>Rec room<br>Ally<br><br>11:10 This Day<br>in History!<br>Rec room<br>w/Natalie<br><br><br>2:00<br><b>CALLING ALL<br/>           GHOSTBUSTERS!</b><br>Ghost Target<br>Practice!<br>Rec Room<br>w/Natalie<br><br>2:00<br>Halloween<br>Coloring<br>A wing<br>w/Ally | 27)<br>Daily chronicles<br><br>10:30 Protestant<br>Church Service<br>Rec room<br>Ally<br><br>11:10 This Day<br>in History!<br>Rec Room<br>w/Natalie<br>10:30 Ghostly<br>Craft!<br>A Dining w/ Nat<br><br>1:30 <i>Hocus Pocus</i><br>on channel 2<br>2:00 Food-<br>Inspired<br>Jeopardy<br>w/ Nat B Atrium<br><br>2:00 Legends<br>Live!<br>Dean Martin!<br>Rec Room<br>w/Natalie<br><br>2:00 Balloon<br>toss<br>A wing<br>Ally | 28)<br>Daily chronicles<br><br>11:30 Medical Staff<br>Rec Room<br><br>10:30 Antique<br>Guessing Game<br>Rec Room.<br>w/Nat<br><br>10:30<br>Halloween<br>Superstitions!<br>B Dining<br>w/Natalie<br><br>2:00 Candy Pack<br>and<br>2:00 Costumes<br>set up<br><br>Early Dinner<br>tonight!<br><br><br><b>6:00 Trick<br/>           or Treat<br/>           at the<br/>           Suffield<br/>           House</b> | 29)<br>Daily chronicles<br><br>9:00 Reiki<br>with Courtney<br>Room to room<br><br>10:30 Witch Hat<br>Ring Toss<br>A wing<br>w/ Ally<br>10:30 Room to<br>room Autumn<br>social visits.<br>w/Nat<br>10:30 This day<br>in History!<br>B Dining<br>w/Natalie<br>2:00 Armchair<br>travel to Egypt!<br>w/Nat<br>Rec room<br><br>2:00 Autumn<br>Flavors Ice<br>Cream visits<br>room to room<br>w/ Scott<br><br>2:00 Manicures<br>Room to Room<br>w/Natalie | 30)<br>Daily chronicles<br><br>Halloween<br>Costume Dress<br>up!<br><br>10:00<br>Coffee visits<br>Room to Room<br>w/ Ally<br>10:30 Halloween<br>Baking Group<br>Nat.<br>A Dining!<br><br>10:30<br>Halloween<br>Trivia!<br>Rec Room<br>w/Natalie<br><b>1:30 <i>Hocus<br/>           Pocus</i> Movie<br/>           on channel 2</b><br><br>2:00 Boo Bingo!!<br>Rec Room<br>Natalie/ Ally<br><br>2:00 Room to<br>Room<br>Balloon Toss<br>w/Nat | 31) Scott<br>Daily chronicles<br><br>10:30<br>Spooktacular<br>Coffee Social<br>Mrs Murphy's<br>Donuts!!!<br><br><br><br>2:00 October<br>Who Am I?<br>A Halloween<br>Twist!<br>Rec Room<br><br> |